

SACRED HEART CATHOLIC CHURCH

HOLY FAMILY CATHOLIC CHURCH

Parish Staff:

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Parish Office Hours
 Tues. – Thur. 9:00AM - 2:00PM

Heart of the Plains Cemetery
 Linda Epple
 970-347-7597

Religious Education
 Deacon Ed Green (SH)
 Christina Workman (HF)

6.7.2026

Corpus Christi

Parish Information

Mass Times

Saturday: 5:00 PM Holy Family
Sunday: 8:00 AM SH; 10:30 AM HF; 12 PM HF Spanish
Tues: 6:00 PM SH preceded by Adoration & Confessions
Wed - Fri: 8:30 AM Sacred Heart
First Saturday of each Month: 8:30 AM Holy Family

Confessions

30 minutes before Weekend and Weekday Masses
Tuesday: 5:00 - 6:00 PM at Sacred Heart
Or by appointment

Baptism: Call Deacon Ed Green 720-550-0356.

Marriage: Call six months prior to wedding date.

A Banquet Seat

The joy of having someone save a place for us at the table is touching. We walk into the banquet hall and see the chair with our name on it. That seat is chosen exclusively. For a moment we feel a sense of relief, a taste of being on the inside. Now consider Jesus' words:

I am going to prepare a place for you (Jn 14:2).

Christ personally promises us a seat and then invites us to his banquet. We are the honored guests. In fact, Jesus invites each of us individually to his wedding feast and not only invites us, but gives us the garment— grace — so we become his beloved.

Corpus Christi is that Feast in which we all are invited to partake of this most sacred of meals. This meal is more than just bread and wine, though that is what we offer as our wedding gift. Jesus transforms our gift into Himself and gifts Himself back to us through this wonderful exchange: The Eucharist.

The bread and wine we offer becomes his body, blood, soul, and divinity. Yet, that is not all. When we eat this body and drink this blood, we have his divine life flowing within our being.

We become one with Him, just as husband and wife become one with each other. This is Jesus personally inviting us to sit at his banquet becoming his bride, and we become united with Him forever: through our communion with Him.

Status of Operating Fund

(July 1, 2025 - June 30, 2026) Sacred Heart Holy Family

Weekly Budgeted (May 31)
 Actual Collection

Over/<Under> Weekly Budget

Year-to-Date Budgeted	Capitol	Capitol
Year-to-Date Actual Collections	Funds	Funds

Over/<Under> Yearly Budget

Expenses Budgeted for the year
 Expenses for the year to date

Over/<Under> Yearly Budget

**The cup of blessing that we bless,
 is it not a participation in the
 blood of Christ?**



**The bread that we break,
 is it not a participation in the
 body of Christ?**

**One heart, one spirit
One voice to praise
You
We are the body of
Christ**

Mass Times & Intentions

Sat. Jun 6 Holy Family	5:00 PM: Martha Blatnik† by Jim Brnak
Sun. Jun 7 Sacred Heart	8:00 AM: Geri Green by Robert Green
Sun. Jun 7 Holy Family	10:30 AM: Rick Sack by Parish
Sun. Jun 7 Holy Family	12:00 PM: Aislyn Bonilla by Parish
Mon. Jun 8: No Mass Here	
Tue. Jun 9 Sacred Heart	6:00 PM: Anita Shellman† by Robert Green
Wed. Jun 10 Sacred Heart	8:30 AM: Cyndi Tschacher by Parish
Thu. Jun 11 Sacred Heart	8:30 AM: Jacob Bergers by Ed & Teresa Green
Fri. Jun 12 Sacred Heart	6:00 PM: Rene Buchholz† by Bill & Linda Epple
Sat. Jun 13 Holy Family	5:00 PM: Tim Rupp by Parish

† indicates Memorial Mass



- Jun 12 No Daily Mass at 8:30 AM, moved to 6 PM
- Jun 12 Feast of the Sacred Heart Mass 6 PM followed by pot luck dinner in the KofC Hall
~Bring a main dish, desserts provided
- Jun 14 Men's Breakfast after 8 AM Mass in KofC Hall
- Jun 30 Spanish Healing Mass 7 PM Holy Family
- Jul 7 Healing Mass 6 PM Sacred Heart

Pray for Them

Janet Klausner, Don Bratrsovsky, Jason Klausner, Bailey Navarro, Fr. John Shedlock, Barb Marty, Robert McMillion, Sally Bratrsovsky, Fr. Peter Dinh, Jeanette Neuhalphen, Mary Ockenfels, Bowman Family, Bill Epple, Theresa Schindledecker, Edwin & Sandy Weickum, John Reid, Octaviano Garcia, Maria Rebeca Garcia, for the repose of the soul of Jose Jahir Garcia†, Roseann Erker



(Please let the parish office know if you or someone you know needs to be added or removed from the prayer list.)

We sow then reap, but what is it we sow? We sow what we love, for why do we put effort into anything if we did not love it?

We reap what we love for we act according to the things that we love.

Love driven by power wants fulfillment. We want those elements that satisfy; and our human nature typically wants comfort. It looks for ease. Yet, we toil and labor by the sweat of our brow to accomplish most activities, even the most menial tasks. We exhaust ourselves, breaking the barriers and obstacles we face. Toil and labor is not only physical, but also emotional, relational, and spiritual.

Aristotle says we must work to clear out the obstacles so the full powers of our heart thrive. He also says human nature left to itself without virtue finds itself in the tyranny of primitive emotions: chaos.

We toil and labor to develop healthy, happy and holy relationships. The personal, emotional, and relational struggles we face are our spiritual labors that purify our hearts and our intentions. Sadly, we battle our passions and obsessions, thinking we can overcome our temptations and sins by our own efforts. We cannot. The heart deceives us. We need divine love, not self-love, to overcome our struggles.

The human heart who can understand it? It is impulsive and capricious. It is fickle and fussy. Yet at times of need and crisis, the human heart focuses so intensely, turning to God for inspiration. Here the heart grows into a life-giving force that heals and restores. Spouses care for each other. Religious toil in God's vineyard for the salvation of souls. Pure Love's power then creates restoring life.

If we sow a life of self-love, we reap a life of egoism, frustration, and confusion. In this mindset, our heart will forever be undeveloped and unhappy. The Gospel, however, shows Jesus coming into our egoism, giving us a new strength, divine love. He frees us from the ego-drama that drives our lives by giving us a new law: Love one another as I have loved you. This is sacrificial love, to give, not take.

He expects us to live differently and his expectations seem offensive, especially to the self-centered. But for those with meek and humble hearts, his law sets us free from the egoism that destroys our lives.

His law is the New Covenant, a friendship where we celebrate at his banquet eating and drinking the life and love of his body, blood, soul and divinity. St. Paul describes this banquet stating (I Cor 10:16)

**"The cup of blessing that we bless,
is it not a participation in the blood of Christ?
The bread that we break,
is it not a participation in the body of Christ?"**

Celebration does not mean we do what we want. It means we are free to become what we were meant to be: partakers of the life of Christ. Partaking in Christ's life, we too offer our life and love: body, blood, and soul to Jesus, becoming one with Him, entering into eternal life.

To Love is to Pray

Agape

Agape is selfless, sacrificial,
unconditional love, the highest

LOVE

Fulfillment seems so elusive. We strive to find fulfillment, searching and exploring only to feel empty. Striving by our own strength, exhaustion sets in for we constantly empty ourselves without ever being filled in return. Empty, we long all the more to find fulfillment.

Fulfillment, however, is not self-generated. It is received as a gift from another who

completes our deepest desires. Only God satisfies our deepest longings of our heart for He alone understands our hearts.

Our hearts, Jeremiah teaches, are desperately corrupt because they seek power not meekness. They rage with pride not humility. In contrast, Jesus teaches us. "Take my yoke upon you, and learn from me; for I am meek and gentle of heart. Here you will find rest for your souls" (Matt 11:29). Rest means fulfillment, the completion of all our desires.

Rest completes us and only being in relationship with Jesus do we find fulfillment. This relationship with Jesus receives his Real Presence in our hearts when we pray. Meditative Prayer alone fulfills our soul for then we are in communion with the One Who understands our struggles and keeps us in relationship.

Many, however, never learn to pray as we ought. We mechanically pray, reciting prayers from memory or go through the motions. Prayer is not a motion, but a movement into the Sacred Heart of Jesus where we communion, Heart to heart.

The spiritual life begins with meditation, moving our heart away from the disorder and corruption that Jeremiah talks about and moving into the meekness and humility of Jesus' heart. Prayer then is more than just external actions, but interior expressions knowing we are loved and ready to receive divine love asking Jesus to purify our hearts.

Unless we pray with the heart, we will never be fulfilled. We will always be searching and longing for meaning. Yet, when we pray with the heart, placing our heart into the heart of Christ so He can place his heart into ours, then we have fulfillment.

Praying heart to heart happens in the Eucharist celebration. From his Sacred Heart flows blood and water, life and love, which satisfies our deepest desires as we become one with Him in communion.

IF JESUS IS TO BECOME THE CENTER
OF OUR LIFE, WE NEED TO SPEND
TIME IN HIS PRESENCE, BEFORE
THE TABERNACLE.

Growth is a power struggle

Fighting against comfort creates strength. Instead of wallowing and debating to do or not to do, do not hesitate. If it is something that ought to be done, do it immediately. If it is something that ought to be avoided, reject it quickly.

Living with this mindset removes the struggles, making us indecisive. Never negotiate with evil, nor mediocrity, but confront it using our inner strength.

Entering the choppy waters of disquiet is hard without this mindset.

Adversity is at the heart of every success. The success that people achieve comes at a price. The constant struggle climbs out from our comfort and into the battle of adversity. This battle faces then embraces the repeated failures and faults that we commit without losing hope, knowing that one day we will conquer our shortcomings.

Most people concede, though grudgingly, that they must make it through some adversity in order to succeed. They acknowledge that they have to experience setbacks to make progress.

Success comes when facing setbacks.

Advancing one step further every day.

To achieve dreams, embrace adversity and make failure a regular part of life. As John Maxwell writes: "If you are not failing, you are not moving forward."

St. James in his letter to the Galatians explains how to overcome our spiritual struggles.

Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him." (Gal 1:2-5).

If we are not constantly battling against the vices in our lives and embracing those battles – those crosses – then we are not growing spiritually. But if we are facing them with courage we will overcome. This is God's promise: He who perseveres to the end will be saved! (Mt 24:13)

Thank you!



To all the chaperones, lodging hosts, dinner hosts, K of C and prayer warriors who helped to make the Totus Tuus program a success again this year! We had 35 youth attend from our 2 parishes. We pray that all those involved would carry the blessings and message of Totus Tuus throughout their lives.

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