

SACRED HEART CATHOLIC CHURCH

HOLY FAMILY CATHOLIC CHURCH

Parish Staff:

Rev. Fr. Tom Kuffel, Pastor
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(303) 849-5313

info@sacredheartroggen.com
<http://sacredheartroggen.com>

Parish Office Hours
 Tues. – Thur. 9:00AM - 2:00PM

Heart of the Plains Cemetery
 Linda Epple
 970-347-7597

Religious Education
 Deacon Ed Green (SH)
 Christina Workman (HF)

4.26.2026

Fourth Sunday of Easter

Parish Information

Mass Times

Saturday: 5:00 PM Holy Family
Sunday: 8:00 AM SH; 10:30 AM HF; 12 PM HF Spanish
Tues: 6:00 PM SH preceded by Adoration & Confessions
Wed - Fri: 8:30 AM Sacred Heart
First Saturday of each Month: 8:30 AM Holy Family

Confessions

30 minutes before Weekend and Weekday Masses
Tuesday: 5:00 - 6:00 PM at Sacred Heart
Or by appointment

Baptism: Call Deacon Ed Green 720-550-0356.

Marriage: Call six months prior to wedding date.

Status of Operating Fund

(July 1, 2025 - June 30, 2026)	Sacred Heart		Holy Family	
Weekly Budgeted (Apr. 19)	\$2,403.84	\$192.30	\$1,442.30	\$67.30
Actual Collection	\$2,208.00	\$37.00	\$953.03	\$15.00
Over/<Under> Weekly Budget	(\$195.84)	(\$155.30)	(\$489.27)	(\$52.30)
Year-to-Date Budgeted	\$100,961.46	Capitol	\$60,576.80	Capitol
Year-to-Date Actual Collections	\$94,751.40	Funds	\$64,871.78	Funds
Over/<Under> Yearly Budget	(\$6,210.06)		\$4,294.98	
Expenses Budgeted for the year	\$120,881.42		\$87,704.82	
Expenses for the year to date	\$108,019.99		\$86,676.83	
Over/<Under> Yearly Budget	(\$12,861.43)		(\$1,027.99)	

I Believe in One Holy, Catholic Apostolic Church

Many centuries, languages, cultures, peoples and nations, the Church constantly confessed this one faith, received from the one Lord, transmitted by one Baptism, and grounded in the conviction that all people have only one God and Father (CCC #172). This is the deposit of faith. It does not change.

The faith we receive at our baptism re-creates us through the power of the Holy Spirit, Who descends upon us as the water is poured over us. Once baptized, we are the body of Christ; we are princes and princesses of our Father, for his Son is our King.

We make up his family and we are to live as members of his family. We belong not to this earthly kingdom, but to his heavenly kingdom. As brothers and sisters in the Lord, we live by a different spirit than the world.

Our lives should be remarkably different than those who live by this worldly spirit. We live by the infused virtues given to us at our baptism: Faith, Hope, and Charity.

The Holy Spirit also fills us with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control!

Does your spirit reflect these fruits of the Holy Spirit?

"Let the whole house of Israel know for certain that God has made both Lord and Christ, this Jesus whom you crucified."

Receiving the
Holy Spirit
Acts 2:38

"Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins; receive the gift of the Spirit."

"AND SO LET US BE GLAD AND BEAR WITH PATIENCE EVERYTHING THE WORLD THROWS AT US, SECURE IN THE KNOWLEDGE THAT IT IS THEN THAT WE ARE MOST IN THE MIND OF GOD."

- ST. BASIL THE GREAT

Mass Times & Intentions

- Sat. Apr 25 Holy Family 5:00PM: Russell Gurtler Jr. †
- Sun. Apr 26 Sacred Heart 8:00 AM: Larry & Ann Brown
- Sun. Apr 26 Holy Family 10:30 AM: Maria Paz & Boris Martinez
- Sun. Apr 26 Holy Family 12:00 PM: Parish Family
- Mon. Apr 27: *No Mass Here*
- Tue. Apr 28: *No Mass Here* Geri Green
- Wed. Apr 29: *No Mass Here* Justin Bergers
- Thu. Apr 30: *No Mass Here* Leo Green
- Fri. May 1: *No Mass Here* Fr. Peter Dinh
- Sat. May 2 Holy Family 8:30 AM: Cora Workman
- Sat. May 2 Holy Family 5:00 PM: Forrest Bell †

† indicates Memorial Mass



- Apr 26 Last Day of CCD Classes at Holy Family**
- Apr 27-May 1 Fr. Tom gone (No Daily Mass)**
- May 2 First Saturday Devotions 8:30 AM Holy Family**
- May 2 Confirmation Retreat 9 AM Sacred Heart**
- May 3 May Crowning**
- May 3 Last Day of CCD Classes at Sacred Heart**
- May 7 CONFIRMATION & FIRST COMMUNION**
7 PM Sacred Heart with Bishop Jorge
- May 16/17 Cross Catholic Outreach priest visit**
- May 25 Memorial Day Celebration at Heart of the Plains Cemetery 9 AM** 🇺🇸
- May 31-Jun 5 TOTUS TUUS - Registration is open!**
- Oct 5-15 Holy Land Pilgrimage with Fr. Tom**

Pray for Them

Janet Klausner, Don Bratrsovsky, Jason Klausner, Bailey Navarro, Fr. John Shedlock, Barb Marty, Robert McMillion, Sally Bratrsovsky, Fr. Peter Dinh, Jeanette Neuhalfen, Mary Ockenfels, Bowman Family, Bill Epple, Theresa Schindedecker, Adriana Elias Trinidad, Nayely Vasquez, Christopher Flores



(Please let the parish office know if you or someone you know needs to be added or removed from the prayer list.)

Guards watch tediously and protect the gates from intrusion. All guards find this duty dull and taxing. Waiting for something to happen, thinking nothing will happen, drains the spirit. Yet, when the intrusion comes everything blazes. Alarms, sirens, and defense mechanism arise. It is war.

Our society today alerts us of every intrusion, most being minor or worse irrelevant, creating anxiety. We worry about what personality said this or did that. It overtaxes us, leaving us weary and dull. This is by design so that when real attacks come we are dull to respond. This is a dangerous place to be for we do not see the threats for what they are. Rather we become complacent.

Jesus however is not complacent. He is the gate keeper of his flock, always on guard. He warns us: **"Watch therefore, if the householder had known in what part of the night the thief was coming, he would have watched and would not have let his house be broken into" (Mt 24:42).**

We do not know the day nor the hour of evil, but if we are cautious and aware, it will not catch us off guard. In fact, the thief will be caught off guard, realizing he has been caught.

Watching therefore means attentive listening. We listen intently to every sound, discerning and distinguishing them. Those that are familiar and those that are odd.

Instead of listening for the odd sounds, we ought to listen for the familiar, that is the voice of the Lord. We attune to his voice and any voice that does not resound with his, we resist.

So many however, listen to the other voices. They look for danger and see sin everywhere. In doing so, they fail to see their Good Shepherd ever present, since they are on guard resisting threats.

Sadly, seeing sin everywhere, we never see the Good Shepherd protecting us. Feeling threatened we become weary, over every little oddity. Instead, Jesus teaches us to listen to his voice and turn to Him. Full of divine life there is no room for sin.

To overcome sin, we do not need to resist it. Instead, we turn away from it and follow the voice of Jesus. He will lead us out calling us by our name.

His voice sets us free. It shows us the way through the dark valleys of our life. His voice, so powerful, protects us in times of intrusion, knowing that with Jesus at our side, with his rod and staff, we have courage to overcome.

Today is Good Shepherd Sunday. We imitate what we celebrate. If we celebrate Jesus as our Good Shepherd Who gives us life abundantly, we become good shepherds living life abundantly—not fearfully.

With Christ as our Shepherd, we lack nothing. We have protection against the thieves who come to steal and slaughter. We have strength to ward off the wolves. We fear no evil nor any foe, for we have divine strength dwelling within. We have serenity and peace, for we dwell in the house of the Lord all our days.

Create a Clean Heart in Me: Remove Resentment

Resentment is lingering anger, frustration, and disappointment. It's an emotion that's likely to breed in close relationships because people have high expectations in close relationships.

Resentment is a toxic emotion that defiles the heart. It creates animosity and bitterness. Threads of resentment grow and like a bitter vine, entangle the heart, suffocating it from love and happiness. St. Paul warns us: "Let all bitterness and wrath and anger and clamor and slander be put away from you with all malice, and be kind to one another, tender-hearted, forgiving as God forgave you" (Eph 4:31).

To break free from these vines suffocating your heart, here are seven steps to cut free:

1. Become keenly and acutely aware that you need to get the toxins of bitterness and resentment out of your life.
2. Make the healing of bitterness and resentment a priority of your examen prayer at the end of the day. Examine your conscience and address the cause and reason for resentment, praying for a clean heart which includes removing resentment and bitterness.
3. Practice purity of heart. By the practice of purity of heart we keep a very careful watch over all the thoughts being presented to our mind and over all the affections and passions being presented to our heart. By this careful watch, we almost immediately intercept and delete the thoughts and affections which violate purity.
4. Confess resentment and all bitterness. As JP II states: Confession "lays bare the conscience because of the deep need to be pardoned and reborn, and in the effusion of sacramental grace that purifies and renews."
5. Forgive. It is God's ultimate "tool," to be saved from the consequences of chronic, unresolved anger and resentment. The Our Father Prayer expects us to forgive as we have been forgiven. Pray this prayer for the one you resent when bitterness rages.
6. Cultivate Piety. Through piety, know we are friends with God and He expects us to show friendship to others. Piety is not just reverence for others, but is a gift of the Holy Spirit. It renders us docile to the Holy Spirit to honor others, even if they do not deserve it as we do not deserve the honor God gives us.
7. Regular Eucharistic Adoration is essential when dealing with resentment. Here the heart opens and we ask the Lord to expose, explain, and heal the resentment that is suffocating our heart and replace it with purity of heart.

<https://catholicstrength.com/2018/03/22/the-healing-of-bitterness-and-resentment/>

Opportunities come from Failure

In the middle of the difficulty, lies the opportunity. ~Albert Einstein

Opportunity comes from the problems, barriers, and obstacles we face. But before they can be resolved, they need to be defined, explored, and explained; coming up with realistic solutions.

Hence, opportunity is in the middle; that is where everything is messy and mangled. It is not at the beginning, because the problem is not yet defined.

Opportunity is not at the end, either, for the end reveals either the agony of defeat or the price of victory.

You never see the opportunity, until you see the problem

In the middle means we engage and stop the crash and collapse looking to invent, devise, and contrive solutions that heal and help. Solutions lead to resolutions and those who put in the effort find victory.

Christians inspire others to aspire!

Christians look for positive solutions that improve the situation and finally resolve the problem. It is not necessarily genius that solves the problems; it is the resolve of the Christian and those advising him to persevere, knowing a solution will come.

Perseverance is absolute determination. It improves and ultimately resolves the problem progressively, not instantaneously as so many want today.

This is the formula for progress. 1. See the Problem; 2. Define the Problem; 3. Offer Possible solutions to the problem; 4. Deciding and discerning the Best Possible Solution; 5. Implementing the solution; 6. Evaluating and managing the Progress.

Management is key. It constantly reviews to see if the solution is working. Our mind-set forgets many problems are not solved in a day for they were not caused in a day. It takes time and patience to resolve issues; and even more time, when faced with obscure and complicated problems. How many marriages would thrive if they applied this mind-set?

Complaining, criticizing, and condescending waste resources; while being pro-active, offering positive counsel and critique helps. To appraise and assess any given difficulty not only creates momentum but also improves morale.

Sabotage by its definition is destructive; perseverance by definition is self-fulfillment.

HONORING UNBORN BABIES

The Heart of the Plains Cemetery invites you to honor any baby lost, due to stillbirth, miscarriage, or abortion.

If interested, please consider purchasing a small, personalized plaque that will be placed on the Monument for the Unborn at Heart of the Plains Cemetery on Memorial Day Weekend.

All are welcome to honor an unborn child, regardless of how long ago your loss was or religious affiliation.

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