

# SACRED HEART CATHOLIC CHURCH HOLY FAMILY CATHOLIC CHURCH

## Parish Staff:

Rev. Fr. Tom Kuffel, Pastor  
*father.kuffel@archden.org*  
720-550-1499

Rev. Mr. Ed Green, Deacon  
*Deacon.green@archden.org*  
720-550-0356

Mary Jacob, Business Manager  
*mary.jacob@stjosephdenver.org*  
720-550-1118

Christina Workman, Secretary  
*parishsecretary@sacredheartroggen.com*  
720-550-0160



38044 County Road 16  
Roggen, CO 80652

(303) 849-5313

*info@sacredheartroggen.com*  
<http://sacredheartroggen.com>

**Parish Office Hours**  
Tues. – Thur. 9:00AM - 2:00PM

**Heart of the Plains Cemetery**  
Linda Epple  
970-347-7597

**Religious Education**  
Deacon Ed Green (SH)  
Christina Workman (HF)

3.8.2026

# Third Sunday of Lent

## Parish Information

### Mass Times

**Saturday: 5:00 PM Holy Family**  
**Sunday: 8:00 AM SH; 10:30 AM HF; 12 PM HF Spanish**  
**Tues: 6:00 PM SH preceded by Adoration & Confessions**  
**Wed - Fri: 8:30 AM Sacred Heart**  
**First Saturday of each Month: 8:30 AM Holy Family**

### Confessions

**30 minutes before Weekend and Weekday Masses**  
**Tuesday: 5:00 - 6:00 PM at Sacred Heart**  
**Or by appointment**

**Baptism:** Call Deacon Ed Green 720-550-0356.

**Marriage:** Call six months prior to wedding date.

### Status of Operating Fund

(July 1, 2025 - June 30, 2026)	Sacred Heart		Holy Family	
Weekly Budgeted (Mar. 1)	\$2,403.84	\$192.30	\$1,442.30	\$67.30
Actual Collection	\$3,080.00	\$477.00	\$1,845.70	\$115.00
Over/<Under> Weekly Budget	\$676.16	\$284.70	\$403.40	\$47.70
Year-to-Date Budgeted	\$84,134.58	Capitol	\$50,480.70	Capitol
Year-to-Date Actual Collections	\$79,789.00	Funds	\$55,080.15	Funds
Over/<Under> Yearly Budget	(\$4,345.58)		\$4,599.45	
Expenses Budgeted for the year	\$100,734.30		\$73,087.35	
Expenses for the year to date	\$89,312.67		\$71,929.43	
Over/<Under> Yearly Budget	(\$11,421.63)		(\$1,157.92)	

### Jesus the Supreme Teacher

You Call Me Teacher, and Rightly So! (Jn 13:13)

Jesus teaches truth as He Claims to be Truth. I am the way the truth and light (Jn 14:6). This claim may affront non-believers for how can anyone claim to be the Truth, that is the Divine Authority of all Truth.

Today many skeptics reject this claim, evening claiming there is no truth. They reject, discard and deny his claim. Even believers doubt his claim, asking What is truth? His claim, however, ought to pierce our ego's so we investigate and examine if his claim is true, not merely reject it outright.

We have to read, study, and scrutinize his teachings to see if this is true first on a basic human level, but also on a divine and eternal sphere.

Many merely believe what they want to believe, or believe what others tell them what the truth is and never examine for themselves if his claim is true.

The complete truth of salvation subsists in the Catholic Church and all other denominations or belief systems partake of the Truth of the Catholic Church. This bold claim demands an honest answer. So look and examine this claim.

**Hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who is given to us**

THE PEOPLE WHO WALKED IN DARKNESS HAVE SEEN A  
*Great Light*

**"Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst."**

**“Just as God is patient with you and your failures, so too does God desire that you will be patient with your difficult neighbor, your rebellious child, or your opinionated coworker.”**

ALLEN HUNT  
Nine Words

### Mass Times & Intentions

- Sat. Mar 7 Holy Family 5:00 PM: Ralph E. Rupp II
- Sun. Mar 8 Sacred Heart 8:00 AM: Crystal Anne Crowley †
- Sun. Mar 8 Holy Family 10:30 AM: Robert & Frances Kemp
- Sun. Mar 8 Holy Family 12:00 PM: Parish Family
- Mon. Mar 9: *No Mass Here*
- Tue. Mar 10 Sacred Heart 6:00 PM: Rene Buchholz †
- Wed. Mar 11 Sacred Heart 8:30 AM: Mary Jacob
- Thu. Mar 12 Sacred Heart 8:30 AM: Deborah Bergers
- Fri. Mar 13 Sacred Heart 8:30 AM: Chris Larchick
- Sat. Mar 14 Holy Family 5:00 PM: Frank Blatnik †

† indicates Memorial Mass



- Mar 13 Stations of the Cross 6:30 PM SH
- Mar 14 First Reconciliation & Retreat SH
- Mar 16-18 Parish Mission w/Fr. Freihofer: Healing the Heart & Spiritual Warfare 6:15 PM SH
- Mar 20 Stations of the Cross 6:30 PM SH
- Mar 27 Fish Bake 5:30 PM SH followed by Stations of the Cross 6:30 PM
- Apr 2 HOLY THURSDAY Masses - 6:00 PM SH, 8:00 PM HF (Spanish)
- Apr 3 GOOD FRIDAY - Stations of the Cross 3:00 PM SH, Passion of the Lord 5:30 PM HF (Spanish), Passion of the Lord 7:00 PM SH
- Apr 4 EASTER VIGIL - 8:00 PM SH
- Apr 5 EASTER SUNDAY Masses - 8:00 AM SH, 10:30 AM HF, 12:00 PM HF (Spanish)
- May 7 CONFIRMATION & FIRST COMMUNION
- May 31—Jun 5 TOTUS TUUS
- Oct 5-15 Holy Land Pilgrimage with Fr. Tom

### Pray for Them

Janet Klausner, Don Bratrsovsky, Jason Klausner, Bailey Navarro, Fr. John Shedlock, Barb Marty, Robert McMillion, Sally Bratrsovsky, Fr. Peter Dinh, Jeanette Neuhalfen, Mary Ockenfels, Bowman Family, Bill Epple, Theresa Schindledecker



(Please let the parish office know if you or someone you know needs to be added or removed from the prayer list.)

In a world that yearns for perfect relationships, many find sadness and loneliness in broken relationships.

We are lonely because we feel abandoned and deserted. Yet, if we carefully examine why relationships break, we will see selfishness as the root cause – either our own or another’s.

Selfishness causes our hearts to break because we demand and desire from another or another demands from us, without ever giving in return. Hearts break when we give and never receive in return.

### Nothing hurts like a broken heart and hearts are broken by selfish choices.

Selfishness causes bad relationships. Selfishness makes sure our will be done and refuses to follow the will of another. This is hell.

Satan would not do the will of God and so he was cast out of heaven. Heaven is not a place per se, but also a relationship in which we wish to please our Father. Hell is more than a place too. It is an attitude that denies the needs and dignity of another. It is a place of self-service.

When relationships go bad, it is the result of poor choices, which, of course, leads to selfish behavior. Lack of cooperation is the real problem of broken relationships, for issues can only be resolved by collaboration.

Selfish choices reflect the choice of Satan:

**“I will not serve!”**

To choose well, we serve well rather than be served. This is the heart soul of Jesus’ ministry.

**“Just so, the Son of Man did not come to be served but to serve and give his life as a ransom for many” (M 20: 28).** Problems are never solved by blame and reproach, but by collaboration and cooperation. People need to feel understood first and then solutions can be jointly worked upon, to come up with a fair and reasonable response. If our human relationships break, it may be on account of our broken relationship with God.

Jesus calls the Samaritan woman into a relationship. In doing so, He reveals to the woman her real Father. But in order to reveal to her the one, true God, Jesus exposes her false gods -- her broken human relationships. She placed her human need of a husband above her spiritual need for a Father.

When God calls us, likewise, Jesus exposes our false gods and how they break our relationship with Our Father. By asking us to examine our human relationships, we can easily see that:

**“Whoever says, ‘I know him,’ (God) but does not keep his commandments is a liar, and the truth is not in him. But whoever keeps his word, the love of God is truly perfected in him. This is the way we may know that we are in union with him” (I John 2: 4 – 5).**

Human relationships thrive when they are built upon trust. God is the author of life and love. He is also the source and cause of our human relationships. If rooted in self, our human relationships die and our hearts are broken. When rooted in God, our human relationships grow and produce 100 or 60 or 30 fold.

## Prayer

**God, Sorry for the way I complain. Forgive my bad attitude when things don't go my way. Your plan for me is effective. Help me live it.**

Lord God, every family in heaven and on earth takes its name from You, our Father. You are Love and Life.

Through your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of divine charity, grant that every family on earth may become for each successive generation, a true

shrine of life and love.

Grant that your grace may guide the thoughts and actions of husbands and wives, for the good of their families and of all the families in the world.

Grant that the young may find in the family solid support for their human dignity and for their growth and maturity in truth and love.

Grant that love, strengthened by the grace of the Sacrament of Marriage, may prove mightier than all the weaknesses and trials through which our families sometimes pass. John Paul II

## To Heal Find the Source, not the Symptom

Many individuals struggle with relationships, especially in marriage because they grew up in homes where criticism, contempt, defensiveness, and resentment resided. These four destroy the bonds that create healthy relationships.

Healthy relationships correct with charity instead of criticizing mistakes, making the person feel like they are a mistake.

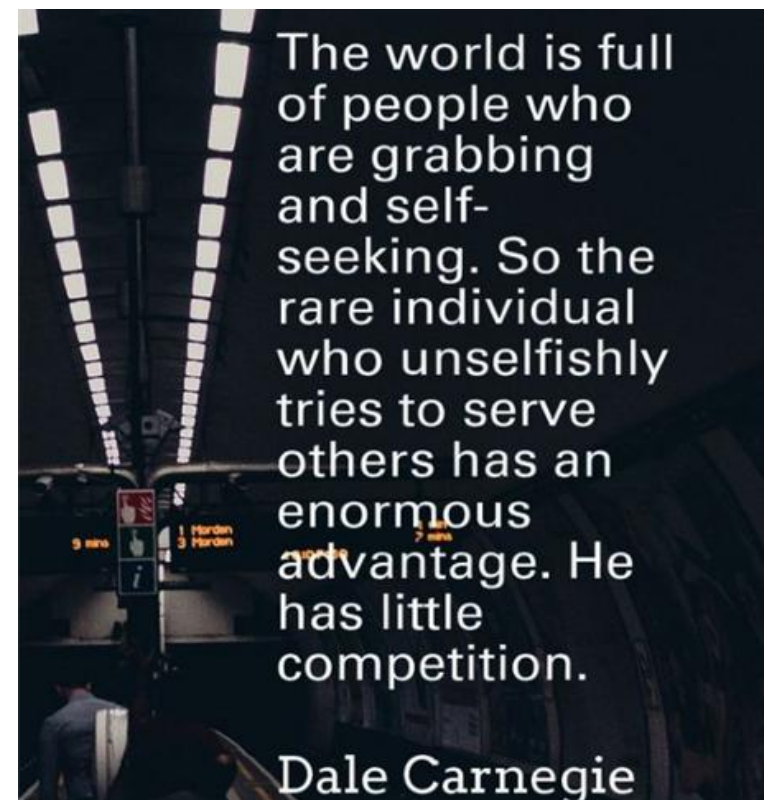
Affirmation corrects contempt, seeing the good in the other and affirming that goodness, as well as seeing the failures and encouraging improvement.

Trust corrects defensiveness. Instead of distrust, mutual trust realizes that the other is not your opponent, but your ally, and brings security to the relationship. This security comes from the conviction that the other seeks your best interest as you seek that person's best interest.

Resentment stonewalls. It is most damaging to relationships. It holds on to the hurts and pains caused by the failings and even sins. To correct resentment: remembering all the negative behaviors of the other, benevolence corrects it.

Benevolence literally means willing the good of the other. Despite any hurts or failures of the other, benevolence seeks the good of other and fulfills the command to love your enemy, typically being your beloved. Instead of resenting, benevolence lifts the other up even when there is distrust and criticism.

Healing relationships confronts these four behaviors that destroy relationships and do it promptly. They do not let them fester and become infected. Healing then, happens because couples and friends adjust daily, improving yourself first then the other to keep the relationship strong.



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