

# SACRED HEART CATHOLIC CHURCH

# HOLY FAMILY CATHOLIC CHURCH

## Parish Staff:

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**Parish Office Hours**  
 Tues. – Thur. 9:00AM - 2:00PM

**Heart of the Plains Cemetery**  
 Bill Epple  
 303-849-5357

**Religious Education**  
 Deacon Ed Green (SH)  
 Christina Workman (HF)

**3.1.2026**

## Second Sunday of Lent

### Parish Information

#### Mass Times

**Saturday: 5:00 PM Holy Family**  
**Sunday: 8:00 AM SH; 10:30 AM HF; 12 PM HF Spanish**  
**Tues: 6:00 PM SH preceded by Adoration & Confessions**  
**Wed - Fri: 8:30 AM Sacred Heart**  
**First Saturday of each Month: 8:30 AM Holy Family**

#### Confessions

**30 minutes before Weekend and Weekday Masses**  
**Tuesday: 5:00 - 6:00 PM at Sacred Heart**  
**Or by appointment**

**Baptism:** Call Deacon Ed Green 720-550-0356.

**Marriage:** Call six months prior to wedding date.

#### Status of Operating Fund

(July 1, 2025 - June 30, 2026)	Sacred Heart		Holy Family	
Weekly Budgeted (Feb. 22)	\$2,403.84	\$192.30	\$1,442.30	\$67.30
Actual Collection	\$2,071.00	\$92.00	\$834.00	\$45.00
Over/<Under> Weekly Budget	(\$332.84)	(\$100.30)	(\$608.30)	(\$22.30)
Year-to-Date Budgeted	\$81,730.74	Capitol	\$49,038.40	Capitol
Year-to-Date Actual Collections	\$76,709.00	Funds	\$53,234.45	Funds
Over/<Under> Yearly Budget	(\$5,021.74)		\$4,196.05	
Expenses Budgeted for the year	\$97,856.14		\$70,999.14	
Expenses for the year to date	\$80,620.33		\$65,101.64	
Over/<Under> Yearly Budget	(\$17,235.81)		(\$5,897.50)	

#### Jesus the God-Man

Jesus, in his human nature, suffered physical pain. He felt hunger, sorrow and even wept at the tomb of Lazarus. He felt loneliness in the Garden of Gethsemane; He bled and died.

Jesus, in His Divine Nature, raised the dead: Lazarus, the son of the widow of Nain, and Tabitha. He healed the lame, the deaf, the mute, and the lepers. Most importantly, He drove out demons, forgave sins, and healed us offering a new life. Many Christians are often confused as they reflect on Jesus, asking "Well is He more human or more divine?" The answer is Yes. He is both and He is not more of one or the other. He is Who He is! God and man.

Sadly, our world wants to demythologize Jesus and His mysterious incarnation, making Him no more than another prophet or philosopher. But He is not, for He, Himself, claims to be God and Man.

We have to decide, as C. S. Lewis asks of us, either: Jesus Christ is a lunatic and a madman for thinking He is God. Jesus Christ is a fraud and a liar who deceived the world. Jesus Christ is Who He says He is, Son of God and son of Man.

**Bear your share of hardship for the gospel, with the strength that comes from God.**

*"And lo a voice from heaven, saying, This is my beloved Son, in whom I am well pleased."*

*Matthew 3:17 (RV)*

**From the shining cloud the Father's voice is heard: This is my beloved Son, hear him.**

**TAKE EVERY  
THOUGHT  
CAPTIVE  
TO OBEY CHRIST**

*Mass Times & Intentions*

- Sat. Feb 28 Holy Family 5:00 PM: Lori Promenschenkel †
- Sun. Mar 1 Sacred Heart 8:00 AM: Bruce Klausner
- Sun. Mar 1 Holy Family 10:30 AM: Joseph Kemp
- Sun. Mar 1 Holy Family 12:00 PM: Parish Family
- Mon. Mar 2: *No Mass Here*
- Tue. Mar 3 Sacred Heart 6:00 PM: Tim & Shelley Gillispie & Family
- Wed. Mar 4 Sacred Heart 8:30 AM: For the Success of our Parish Mission
- Thu. Mar 5 Sacred Heart 8:30 AM: Rose M. Nevarez †
- Fri. Mar 6 Sacred Heart 8:30 AM: Leo Green
- Sat. Mar 7 Holy Family 8:30 AM: Jazaiah Workman
- Sat. Mar 7 Holy Family 5:00 PM: Ralph E. Rupp II

† indicates Memorial Mass



- Mar 3 Healing Mass 6 PM SH**
- Mar 6 Stations of the Cross 6:30 PM SH**
- Mar 7 First Saturday Devotions 8:30 AM HF**
- Mar 13 Stations of the Cross 6:30 PM SH**
- Mar 14 First Reconciliation & Retreat SH**
- Mar 16-18 Parish Mission w/Fr. Freihofer: Healing the Heart & Spiritual Warfare 6:15 PM SH**
- Mar 20 Stations of the Cross 6:30 PM SH**
- Mar 27 Fish Bake 5:30 PM SH followed by Stations of the Cross 6:30 PM**
- Apr 2 Holy Thursday Mass: 6:00 PM SH, 8:00 PM HF (Spanish)**
- May 7 CONFIRMATION & FIRST COMMUNION**
- May 31—Jun 5 TOTUS TUUS**
- Oct 5-15 Holy Land Pilgrimage with Fr. Tom**

*Pray for Them*

Janet Klausner, Don Bratrsovsky, Jason Klausner, Bailey Navarro, Fr. John Shedlock, Barb Marty, Robert McMillion, Sally Bratrsovsky, Fr. Peter Dinh, Jeanette Neuhalfen, Mary Ockenfels, Bowman Family, Angel Family, Bill Epple, Theresa Schindledecker, for the repose of the soul of Tina Schoenherr †, Jennifer Wilson, Joanne Parry



(Please let the parish office know if you or someone you know needs to be added or removed from the prayer list.)

We are privileged to read the secret of the transfiguration. On the Mount Peter, James, and John see, hear, and feel God in all His glory, manifested in Christ. This is not merely a secret tale that we are privileged to read, but we are called to be a part of the inner circle of Jesus, who calls us as He did Peter, James, and John.

Through their experience, we undergo the same encounter. Jesus empowers us with the same experience that He gave them to see the mind of Christ.

Jesus calls us to our own transfiguration. The transfiguration, as St. John Paul tells us:

**Is precisely a sign of this divine power, which entered human history with Christ's coming. It has the power to transform humanity into God's likeness, the power to divinize mankind. The Lord's transfiguration is a sign and symbol of this power of God transforming our minds.**

(John Paul II, March 12, 1995)

God's mindset is ours if we allow ourselves to be transfigured. God creates us to be in His image and likeness. To be like God, we have to think like God. This is our transfiguration. This is our rebirth.

To be resurrected from the evil that surrounds us, we have to be transfigured by our relationship with Christ. In an intimate and bonded covenant we have the support structure to grow into the likeness and image of God as He designed us to be: we have the mind of Jesus" (I Cor 2:16). United with Jesus, we set the transfiguration as our goal. We prioritize this goal as the most important goal there is. Lastly and most importantly, we discipline ourselves to reach this goal knowing Jesus is at our side to correct our faults and encourage us in our success.

With this three part formula - goals, priorities and discipline - we put on the mindset of Jesus, conquering the greatest of evils, because Jesus conquered the source of evil – Satan.

**When you study the Word of God consistently, your actions and your Word are rightly in sync with God's wisdom. You read it with the mind of Christ. His mind influences yours and you see the world differently.**

**Excellence is charity. It is visible in all that you do. Your decisions are not carnal, but they are marked by self-giving love because they are inspired by God.**

**He is mistaken, who thinks that the fast consists only in abstinence from food. True fasting is departing from evil.**

Saint John Chrysostom



Icon of St. Chrysostom the Hierarch

In his book *Be Healed: A Guide to Encountering the Powerful Love of Jesus in Your Life*, Dr. Schuchts identifies seven universal wounds that result from original and personal sin. Each wound has a corresponding "identity lie" and a "call for healing":

Ephesians 4:31-32

<sup>31</sup> Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. <sup>32</sup> And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.

- 1 Abandoned:** Healed when one feels connected and understood.
- 2 Rejection:** Healed when one feels accepted and valued.
- 3 Fear:** Healed when one feels safe and secure.
- 4 Shame:** Healed when one feels pure and worthy.
- 5 Powerlessness:** Healed when one feels empowered and liberated.
- 6 Hopelessness:** Healed when one feels hopeful and encouraged.
- 7 Confusion:** Healed when one feels clarity and enlightenment.

For Inner Healing, a person enters into a prayer process to move from woundedness to healing.

- 1 Invoke the Holy Spirit:** Ask the Spirit to reveal who you need to forgive and what wounds need attention.
- 2 Identify the Wound and Feeling:** Recall a specific memory of distress and acknowledge the emotions felt in that moment.
- 3 Recognize the Identity Lie:** Ask the Lord to reveal the source of what you believe about yourself (e.g., "I am unlovable") based on that incident.
- 4 Renounce the Lie:** Explicitly renounce the lie in the name of Jesus Christ. I reject, renounce, and rebuke it.
- 5 Identify and Renounce Judgments:** Address any self judgments or bitterness against those who caused the hurt.
- 6 Forgive the Debts:** Explicitly forgive the person for what they took from you or how they hurt you, realizing they can never repay or restore what they took from you.
- 7 Invite Jesus into the Memory:** Ask Jesus to reveal His truth and seal the healing in that specific wound.

The Sacraments are God's way of healing us. We begin with baptism which is the antidote for rejection. You are your Father's child.

**Holy Communion** invites us into relationship with the Son, overcoming abandonment.

**Reconciliation** overcomes shame, knowing we are perfectible but need correction.

**Confirmation** heals wound of powerlessness, giving us the divine Spirit to conquer our fears.

**Holy Orders** heals wound of confusion, giving us a hierarchy: a right ordering of my life towards God through prayer and self-giving.

**Matrimony** heals the wound of fear, knowing I can be in relationship as God strengthens me to trust my spouse.

**Anointing of the Sick** heals wounds of helplessness, strengthening me in my weakness, knowing I need God's strength.

Many think the luck of the draw makes saints. For those who are holy, however, they reveal that it was not luck, but influence.

Great saints are not lucky, they are trained. Men and women who succeed in this life experience the power, the passion, and the productivity of another individual. These relationships empower and influences them to be more than they ever thought they could be. Not only is this true in military leaders, political figures, and business associates, but it is most true in the saints.

They have an inspiration to become close to God. To read everything through the heart of Christ. This conversion does not take place in a person without a heartfelt, earnest, and attentive relationship.

**"Our deepest need is to belong, to be in a relationship, to have a spiritual and emotional 'home.' The very nature of God is to be in relationship: 'God is love,' says 1 John 4:16. Love means relationship – caring, committed connection of one individual to another." (Boundaries, Dr. Henry Cloud, Dr. John Townsend p. 64)**

Spiritual leaders are in love with God. God is their priority. Seeing their example, we are moved to seek the same bond that they have with God.

The beginning of this process to create new saints begins with Jesus Who invites us into His inner circle. This inner circle is the call of Christ. He called twelve men, and out of those twelve he chose three to be always at his side, especially at the most critical and crucial times. Do you not feel called?

### Healing the Whole Person: Forgiveness from Shame

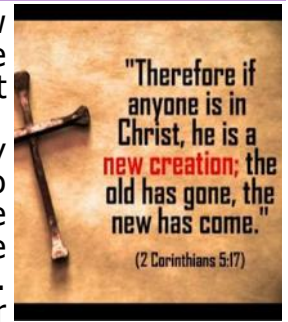
Shame states I am unlovable, unworthy of love: defective. Other wounds consist of broken trust. Relationships gone bad and now I cannot trust. This creates fears in which I freeze or flee from trusting others. Hopelessness and powerless are other areas that wound us, in that I wallow in my misery. I do not take steps to change and continue in my addiction or compulsion.

Healing however is not autonomous. We need others, especially the Holy Spirit the Consoler, Who reads our hearts to us to open the wounds, cleanse them, and restore them with his grace.

Often Jesus heals. Yet, He heals more than the body but also the soul. He exposes the cause of our wounds which create the sins. Knowing the cause of our sin is vital in healing the whole person.

Hardened hearts barricade healing. This is the essence - healing. Realizing I need forgiveness and need to forgive. I cannot hold onto the debts owed due to sin, either my own or the others who have hurt me. I need to seek forgiveness.

Prayer begins the process of healing. Ask the Father to reveal to you where to begin.



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